# St Peter and the Guardian Angels

Roman Catholic Church

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# SECOND SUNDAY OF LENT – 13<sup>TH</sup> MARCH 2022

## DO YOU WANT TO FAST THIS LENT?

'Fast from hurting words and say kind words. Fast from sadness and be filled with gratitude. Fast from anger and be filled with patience. Fast from pessimism and be filled with hope. Fast from worries and have trust in God. Fast from complaints; contemplate simplicity. Fast from pressures and be prayerful. Fast from bitterness, fill your hearts with joy. Fast from selfishness and be compassionate. Fast from grudges and be merciful. Fast from words; be silent and listen.' (Pope Francis)

Repentance alone is not enough: 'Repentance of itself is not enough – grace must be available. But if grace is offered and not accepted, then nothing comes of that either. There is no point in putting up a sail if there is no wind. There is no point in planting a seed if the ground is frozen. There is no point in pruning the tree if spring does not come. It is not enough to cut into people's hearts in order to save them – they must be touched by grace. Lord, touch our hearts with your grace, so that we may produce the fruits of repentance.'

# **GACS Energy Fast 2022**

**Week One (6 March):** Understanding Your Meter; How much energy are you using? Check your meter this week, and if possible, check your bills to better understand your usage throughout the year. Are you using more than you could be?

**Week Two (13 March):** Check In With Your Boiler; How warm is your hot water? If you are looking for an easy way to reduce your energy usage, check the temperature setting on your boiler. Even turning it down a few degrees can make a difference with your usage and bills, while being otherwise undetectable.

#### **Southwark Catholic Youth Service**

In readiness for Lent, young people from around the Diocese have been sharing how they plan to mark Lent 2022. These pledges are being shared daily via social media in the week leading up to Ash Wednesday. In addition to their regular posts reflecting on the day's Gospel or feast day, throughout Lent SCYS social media will be releasing regular video reflections. You can find out more by following **Southwark Catholic Youth Service** on Facebook, Twitter or Instagram.

This Lent PACT, the major Catholic prisons charity, is sharing with parishes a new Stations of the Cross liturgy. The simple text includes the words of prisoners, people with convictions and people who have served a 'hidden sentence' alongside a family member in prison. PACT invite you to use the liturgy in your parish or community during Lent.

"All my life I'd been in this defeated place. I thought I was just a bad person; a bad apple and I was just going to be like that for the rest of my life. Then I came into contact with an addiction programme and I had already been praying...For the first time in my life, I was not just wanting to be a good person but trying to be a good person on a daily basis and having the tools to do it through prayer."

The human dignity of those among us whose lives have been shaped by their experiences of the criminal justice system, shines through this text. We invite you to truly listen. You can download the Stations of the Cross liturgy here: https://www.prisonadvice.org.uk/stations-of-the-cross

## Mass Times and News

SUNDAY: 13th March, SECOND SUNDAY OF LENT C	THURSDAY: 17th March – St Patrick, Feast
9am: Wedding Anni., of Patrick & Rahwila & birthdays	9:15am: Mass
11pm: For the people	
MONDAY: 14 <sup>th</sup> March	FRIDAY: 18th March – St Cyril of Jerusalem
No Mass	9:15am: Mass; 7pm Station of the Cross
TUESDAY: 15th March	SATURDAY: 19th March – ST Joseph
7:30pm: Mass	6pm: Mass – for people
WEDNESDAY: 16th March	SUNDAY: 20th March – THIRD SUNDAY OF LENT C
9:15am: Mass – For Holy Souls	9: 00am: Mass for Peace in Ukraine
	11:00am: Bridget & James Walsh RIP - Anniversary

The new Gift Aid Boxes for 2022/23 are available for collection at the back of the church. If you are not a box holder, and are a taxpayer, please do consider signing up for the Gift Aid Scheme, you can also donate by Banker's Order. The relevant forms are at the back of the church or on the parish website. <a href="https://stpeterandtheguardianangels.com">https://stpeterandtheguardianangels.com</a>. Please contact Diane Rampling on <a href="mailto:dmrampling@aol.com">dmrampling@aol.com</a> or 07808 006228, if you would like to discuss further. Please return

completed forms to Diane or to Father TesfaMichael.

Pope's prayer Intentions for March: We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

**SUNDAY COLLECTIONS**; 6<sup>th</sup> March collection - £847.95 Standing order January, 2022 - £372. THANK YOU!

## Prayer for the sick & housebound; we remember those who have asked for our prayers;

"Tend your sick ones, O Lord Christ. Rest your weary ones. Bless your dying ones. Soothe your suffering ones.

Pity your afflicted ones. Shield your joyous ones. And for all your love's sake. Amen." (St Augustine)

**Your prayers are also requested for**: Anna, Monika, Lusia & Slawek; Esther, Oliver, Stephen, Pepe, Goren, Sharon, Philip, James, Mary, Rosemarie, Paul, Mark, Noel, Dany, Daniel, Saher Sinclair, Marek, Charlie, Fergie, Kohen.

**Holy Souls:** please pray for the repose of the soul of **Eugenie Dudek** who have died recently, may she rest in peace. Also, for those whose anniversaries that occur this time.

## A retreat for Lent: Southwark Spirituality Commission: Online Lent Retreat:

Make some space to develop your relationship with God this Lent. Sign up for our Diocesan 'retreat at home' called **Saving Grace**. Every week you will receive an email with links to a 25minute video in which our Archbishop John will introduce the theme and the reading, Chris Chapman will deliver the retreat, with others contributing. You will also receive materials to use in your own prayer and reflection. All you have to have to do is sign up and then set aside what space you can for Saving Grace!

For full details and to sign up: <a href="http://www.southwarkdsc.org.uk/">http://www.southwarkdsc.org.uk/</a>

**Do you know any elderly, Housebound or Sick Parishioners** that would benefit from a home visit from Fr TesfaMichael if so, please visit the Presbytery or call 020 237 2969 or can speak directly to Fr after each Mass.

St Joseph's Aid. Catholic Primary School: Gomm Road, Lower Road, SE16 2TY, Tel. 020 7237 4036