

St Peter and the Guardian Angels

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THIRD SUNDAY OF LENT – 20TH MARCH 2022

DO YOU WANT TO FAST THIS LENT?

'Fast from hurting words and say kind words. **Fast** from sadness and be filled with gratitude. **Fast** from anger and be filled with patience. **Fast** from pessimism and be filled with hope. **Fast** from worries and have trust in God. **Fast** from complaints; contemplate simplicity. **Fast** from pressures and be prayerful. **Fast** from bitterness, fill your hearts with joy. **Fast** from selfishness and be compassionate. **Fast** from grudges and be merciful. **Fast** from words; be silent and listen.' (Pope Francis)

GACS Energy Fast 2022

Week Two (13 March): Check In With Your Boiler; How warm is your hot water? If you are looking for an easy way to reduce your energy usage, check the temperature setting on your boiler. Even turning it down a few degrees can make a difference with your usage and bills, while being otherwise undetectable.

Week Three (20 March): Lights Off for Creation

Saturday, 26 March from 20:30 to 21:30 is Earth Hour, an annual event in which households across the globe shut off their lights for one hour as a symbolic commitment to the fight against Climate Change. Participate in Earth Hour this year, and use your hour of darkness as a moment to reflect and pray for strength to fight against Climate Change. Consider using the time to offer a Rosary towards an environmental intention.

Southwark Catholic Youth Service

In readiness for Lent, young people from around the Diocese have been sharing how they plan to mark Lent 2022. These pledges are being shared daily via social media in the week leading up to Ash Wednesday. In addition to their regular posts reflecting on the day's Gospel or feast day, throughout Lent SCYS social media will be releasing regular video reflections. You can find out more by following **Southwark Catholic Youth Service** on [Facebook](#), [Twitter](#) or [Instagram](#).

This Lent PACT, the major Catholic prisons charity, is sharing with parishes a new Stations of the Cross liturgy. The simple text includes the words of prisoners, people with convictions and people who have served a 'hidden sentence' alongside a family member in prison. PACT invite you to use the liturgy in your parish or community during Lent.

"All my life I'd been in this defeated place. I thought I was just a bad person; a bad apple and I was just going to be like that for the rest of my life. Then I came into contact with an addiction programme and I had already been praying...For the first time in my life, I was not just wanting to be a good person but trying to be a good person on a daily basis and having the tools to do it through prayer."

The human dignity of those among us whose lives have been shaped by their experiences of the criminal justice system, shines through this text. We invite you to truly listen. You can download the Stations of the Cross liturgy here: <https://www.prisonadvice.org.uk/stations-of-the-cross>

Marriage preparation: Engaged couples seeking marriage in Church should inform the Parish office at least **six** months before the intended wedding date so that there is enough time for all the necessary administration to be completed. This requirement applies to marriages taking place here in the parish, in other parts of the UK, and overseas.

Mass Times and News

SUNDAY: 20th March, THIRD SUNDAY OF LENT C 9am: Mass for Peace in Ukraine 11pm: Bridget & James Walsh RIP - Anniversary	THURSDAY: 24th March 9:15am: Mass – Brian Wilkins W/Being 7PM – First Holy Communion Parents' meeting
MONDAY: 21th March No Mass	FRIDAY: 25th March – Annunciation of the LORD 9:15am: Mass; 7pm Station of the Cross
TUESDAY: 22nd March 7:30pm: Mass	SATURDAY: 26th March 6pm: Mass –
WEDNESDAY: 23rd March 9:15am: Mass – For Holy Souls	SUNDAY: 27th March – FOURTH SUNDAY OF LENT C 9: 00am: for the people 11:00am:

The new Gift Aid Boxes for 2022/23 are available for collection at the back of the church. If you are not a box holder, and are a taxpayer, please do consider signing up for the Gift Aid Scheme, you can also donate by Banker's Order. The relevant forms are at the back of the church or on the parish website.

<https://stpeterandtheguardianangels.com>. Please contact Diane Rampling on dmrampling@aol.com or 07808 006228, if you would like to discuss further.

Pope's prayer Intentions for March: We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

SUNDAY COLLECTIONS; 6th March collection - **£847.95.** 13th March collection **£755.81!**; Standing order February, 2022 - **£307.** **THANK YOU!**

Prayer for the sick & housebound; we remember those who have asked for our prayers;

"Tend your sick ones, O Lord Christ.

Rest your weary ones.

Bless your dying ones.

Soothe your suffering ones.

Pity your afflicted ones.

Shield your joyous ones.

And for all your love's sake. Amen."

(St Augustine)

Your prayers are also requested for: Anna, Monika, Lusia & Slawek; Esther, Oliver, Stephen, Pepe, Goren, Sharon, Philip, James, Mary, Rosemarie, Paul, Mark, Noel, Dany, Daniel, Saher Sinclair, Marek, Charlie, Fergie, Kohen.

Holy Souls: please pray for the repose of the soul of **Eugenie Dudek** and for those who have died recently, may she rest in peace. Also, for those whose anniversaries that occur this time.

How To Have a Mass Offered: Please fill-in a Mass Intention envelope, which you will find at the back of Church. Once completed, place in the Collection bags on Sunday or hand it to the priest, or if during the week put it through the Priest's House letterbox.

A retreat for Lent: Southwark Spirituality Commission: Online Lent Retreat:

Make some space to develop your relationship with God this Lent. Sign up for our Diocesan 'retreat at home' called **Saving Grace**. Every week you will receive an email with links to a 25minute video in which our Archbishop John will introduce the theme and the reading, Chris Chapman will deliver the retreat, with others contributing. You will also receive materials to use in your own prayer and reflection. All you have to have to do is sign up and then set aside what space you can for Saving Grace!

For full details and to sign up: <http://www.southwarkdsc.org.uk/>

Do you know any elderly, Housebound or Sick Parishioners that would benefit from a home visit from Fr TesfaMichael if so, please visit the Presbytery or call 020 237 2969 or can speak directly to Fr after each Mass.

St Joseph's Aid. Catholic Primary School: Gomm Road, Lower Road, SE16 2TY, Tel. 020 7237 4036